



EVENT INFORMATION

Melbourne Forest Racers and The Yarra Trails:

Melbourne Forest Racers (MFR) is a highly active and vibrant orienteering club based in the inner suburbs of Melbourne. The Yarra Trails are our backyard and training ground, and we want to show you the best bits!

Participant Age:

Participants must be greater than 18 years of age to register for themselves. If a participant is under the age of 18 then a parent/guardian must complete the registration form. As per the events terms and conditions "If a minor wishes to be a Participant, his or her application to register must be made by his or her legal guardian, who shall also be deemed to be a Participant."

MFR strongly recommends that a parent/guardian supervises participation of a minor in the MFR Yarra Trails Tour.

Registration:

Registration is through the event website using the google form platform. An email address will be recorded for organisers to communicate with you throughout the event. Further information on how to redeem registration perks outline on the event website will be communicated via email.

Stages:

A list of the 10 stages of the MFR Yarra Trails Tour can be found below. Detailed information for each stage/segment can be found in the "Detailed Stage Information" document:

Stage 1: A Batty Finish

<https://www.strava.com/segments/25780351?filter=overall>

Stage 2: A Very Merri Loop

<https://www.strava.com/segments/25796041?filter=overall>

Stage 3: Dights to Studley Park Bridge

<https://www.strava.com/segments/25796071?filter=overall>

Stage 4: NVii River Dash - Studley Park Bridge to Pipe Bridge:

<https://www.strava.com/segments/25822526?filter=overall>

Stage 5: Ikea to Dights

<https://www.strava.com/segments/25903655?filter=overall>

Stage 6: Yarra Bend Loop

<https://www.strava.com/segments/25902860?filter=overall>

Stage 7: King of the Mountain aka Yarra Street

<https://www.strava.com/segments/25903524?filter=overall>





Stage 8: Chandler to Bellbird

<https://www.strava.com/segments/25903718?filter=overall>

Stage 9: The T8 Grand Tour

<https://www.strava.com/segments/25901998?filter=overall>

Stage 10: The Final Sprint

<https://www.strava.com/segments/25822540?filter=overall>

Hazards:

There are a number of potential hazards on the Yarra Trails including but not limited to other trail users, uneven surfaces, trails in close proximity to the Yarra River, traffic and road crossings, snakes in the warmer months etc. Specific hazards for each stage are outlined in the “Detailed Stage Information” document.

Each Participant agrees to participate in the Event at his or her own risk and MFR is not responsible or liable for Event Risks if they materialise. Please refer to the event terms and conditions for further details.

Scoring

Stage scoring:

For each stage points will be awarded in a descending manner based on the time achieved. The fastest male and female on each stage will be awarded 50 points, second 49 points, third 48 points and so on until 5 points, which every recorded runner after this placing will receive.

Stage attempts:

Each stage can be attempted a maximum of 3 times. The fastest time achieved should be submitted for scoring.

Overall scoring:

The best 8 of 10 stages will be counted for each individual runner. There is an individual competition for both males and females. For both team competitions, the individual points for each member will be added to give a team score.

Stage 9: The T8 Grand Tour

Raw scores on stage 9 will have a 1.25x multiplier applied to them. This multiplier score will then be used for scoring in individual and team competitions.

Submitting stage times:

Stage times will be recorded in a google form distributed by the event organiser. Individual runners will be responsible for putting their times into this google form, as well as a link to the Strava activity or similar.





This process will be completed twice:

1. Halfway through the competition to allow organisers to give a score update
2. At the end of the competition for the final event results

Team Competitions

The MFR Yarra Trails Tour will have two team competitions, the T8 team event and the NVii Corporate/School Challenge. For both team competitions, enter your team name as part of your registration. As an individual you can be a member of a team in each category, however team members must be different for each team (i.e. you can not enter the same team members in both competitions).

The T8 team event:

Teams will be comprised of **four** individuals. Each team needs to fulfill at least 3 of the following four conditions:

1. At least one member of each gender
2. At least one member under the age of 20
3. At least one member over the age of 40
4. At least one member who has is not an orienteer

The NVii Corporate/School Challenge:

Teams must be comprised of **three** individuals from the same school, university, or company. Who will come out on top?

